

Lille Neuroscience & Cognition

Jeudi 09 Janvier 2025 15H Pôle Recherche - Amphi A

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A holistic approach to Parkinson's disease.

Parkinson's disease is the world's fastest growing neurodegenerative condition. There is increasing evidence that this growth can be ascribed to a large extent to exposure to toxic chemicals in our environment. This makes Parkinson's disease a potentially preventable condition. It might, I will address three levels of prevention: primary prevention, by trying to ban toxic chemicals from our environment; secondary prevention, by testing the merits of lifestyle interventions to slow down the progression of prodromal Parkinson's disease; and tertiary prevention, using a holistic approach to offer optimal support to people with Parkinson's disease and their families, aiming to reduce disability and maintain quality of life for as long as possible.

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